#### RESUME

# 1. NAME - SURNAME / TITLE

Dilara Varan

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### 4. AREAS OF EXPERTISE:

Clinical Psychology, Positive Psychology

## 5. EDUCATION (LAST 2 SCHOOLS GRADUADED):

- Bahçeşehir University MA in Clinical Psychology (English) (100% scholarship) (2019-2022)
- Bahçeşehir University Psychology (English) (100% scholarship) (2015-2019)
- Bahçeşehir University Sociology (English) (100% scholarship) (2013-2018)

## 6. PUBLICATIONS (LAST 5 PUBLICATIONS):

- Varan, D. (2022). Mediator roles of resilience on the link between mindful self-care and psychological well-being (Unpublished master's thesis). Bahçeşehir University, İstanbul, Turkey.
- Mamacı, M., & Varan, D. (2021, October). The Level of Mindfulness Among Teachers During Covid-19 Pandemic: A Review. In N. Ulutaşdemir (Ed.), V. International Conference on Covid-19 Studies Proceedings Book (pp. 510-517). İksad International Publishing House. https://369485e5-78d9-4695-8ee7-

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